



HAS ANYONE IN **YOUR FAMILY** EVER SUFFERED FROM:

DIABETES	YES/NO	Family Member/Age at Diagnosis
HEART DISEASE	YES/NO	Family Member/Age at Diagnosis
STROKE	YES/NO	Family Member/Age at Diagnosis
HIGH BLOOD PRESSURE	YES/NO	Family Member/Age at Diagnosis
ASTHMA	YES/NO	Family Member
CANCER	YES/NO	Family Member/Age at Diagnosis/Type

DO YOU HAVE ANY ALLERGIES	
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ARE YOU A CARER	Name: Relationship: Contact details:
DO YOU HAVE A CARER	Name: Relationship Contact details:
Are you permanently housebound?	

DO YOU SUFFER FROM:

HIGH BLOOD PRESSURE	YES/NO
ANGINA	YES/NO
HEART DISEASE	YES/NO
STROKE	YES/NO
EPILEPSY/FITS	YES/NO
DIABETES	YES/NO
THYROID PROBLEMS	YES/NO
CANCER	YES/NO
COPD/EMPHYSEMA	YES/NO
ASTHMA	YES/NO
DEPRESSION	YES/NO
KIDNEY PROBLEMS	YES/NO
OTHER (Please specify)	YES/NO

WHAT IS YOUR MOST RECENT WEIGHT:	HEIGHT:
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DO YOU EXERCISE	How often
DO YOU HAVE A SPECIAL DIET	eg. Low fat, vegetarian

WHICH MEDICINES ARE YOU CURRENTLY TAKING:
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If you would like an appointment to see your GP please tick the box

Signed.....Date.....

THANK YOU